



You R My Coach

0906 575 0906

Calls cost £1.50 per minute from a BT landline. Lines open 8.30am - 5.30pm Monday through to Friday. Callers must have bill payer's permission and be over 18. All calls are recorded, but you do not have to give your name.



Take Control Of Your Life Make That Change Take Action

See www.yourmycoach.com for our T's & C's

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